

 **LIFE**
ElderCare
ANNUAL REPORT FY 21-22



Dear Friends,

We start 2023 with optimism and a commitment to help change more lives than ever! With support from this richly diverse community, and with strong partnerships, we know with certainty that we can keep doing so.

The volunteers, who give of their time to extend a caring hand to strangers in need, are nothing short of a miracle. Those who donate to fund meals, staff time, truck fuel, rent, and supplies, are angels – each and every one. Through us, they give more food to those who are eating too little, provide interventions for those at risk of injury, make sure frail elders get to the doctor and the grocery store, and help stave off loneliness.

We have seen the lives of so many seniors transform after they find LIFE ElderCare. We are told by clients in many different ways that receiving support has renewed their faith that people out there still truly care about their well-being. LIFE offers them a renewed chance to age well in their familiar homes while staying relatively independent and connected to the community.

Can you tell how grateful we are?! We are so proud to share what you all helped us accomplish over the past year.

Thank you! 谢谢你 धन्यवाद සුභභාග්‍යය
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cảm ơn متشکرم



Patricia Osage
Executive Director



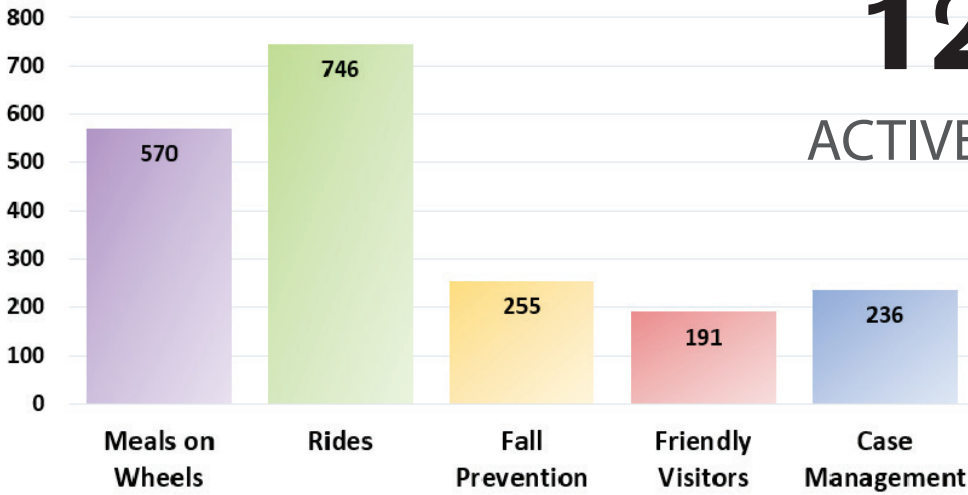
Ruth Liu
Board President

Since 1975, LIFE ElderCare has empowered the aging to live with independence AND interdependence by nourishing body, mind, and spirit.

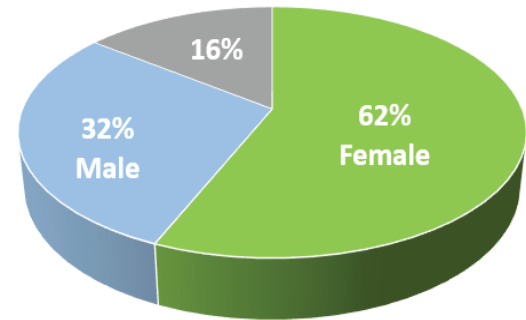
LIFE by the numbers

1296

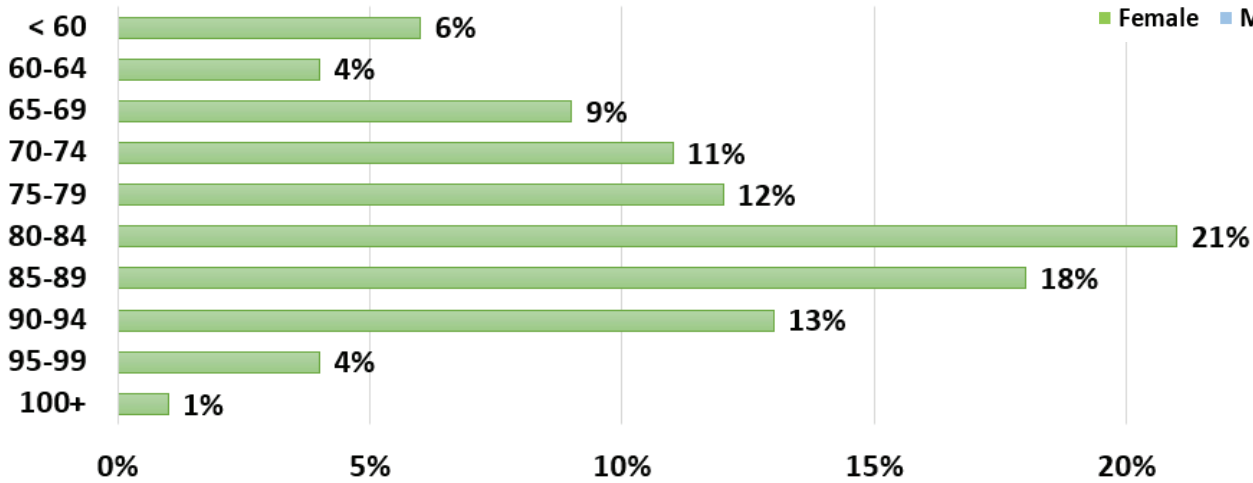
ACTIVE CLIENTS



GENDER



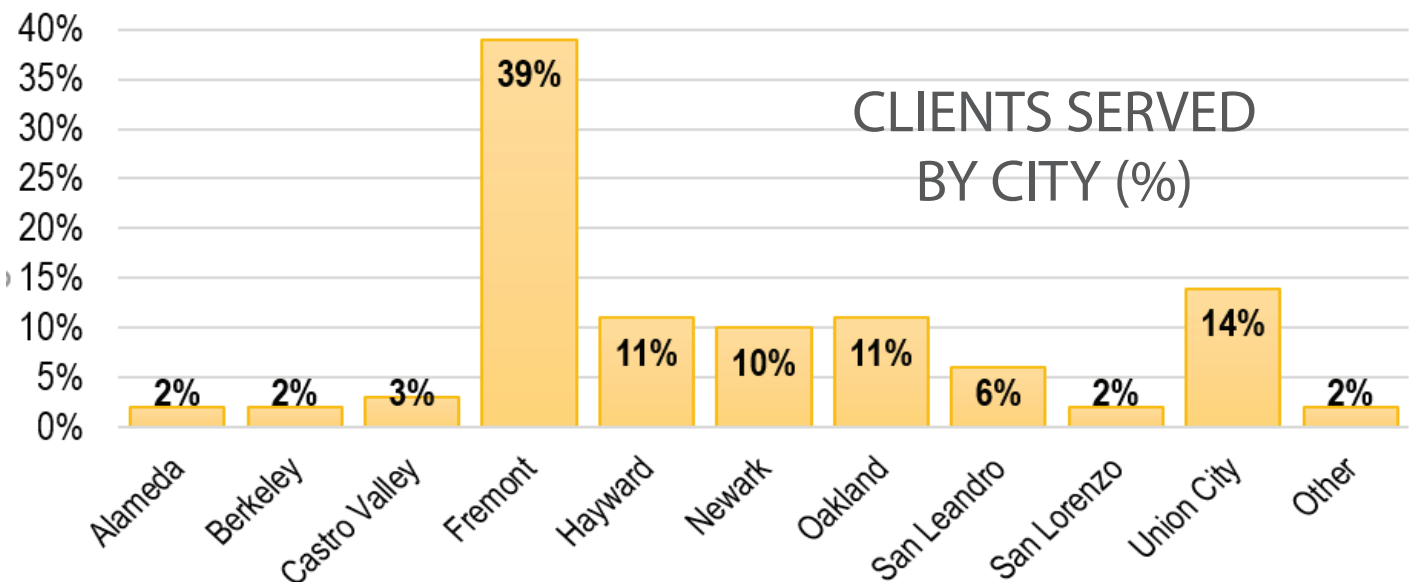
Client Age Range (%)



Female Male Declined to state

57%
ARE OVER
AGE 80

CLIENTS SERVED BY CITY (%)

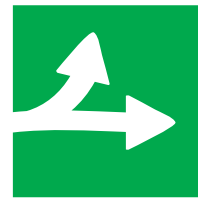




Meals on Wheels



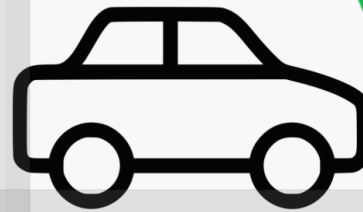
103,437 meals served to 570 elders



Rides & Groceries



8,192 rides given to 746 clients



Fall Prevention

255 elders received health & wellness interventions to reduce their risk of falling and 100 nursing students earned placement hours



Friendly Visitors



191 isolated seniors received 5159 hours of visits

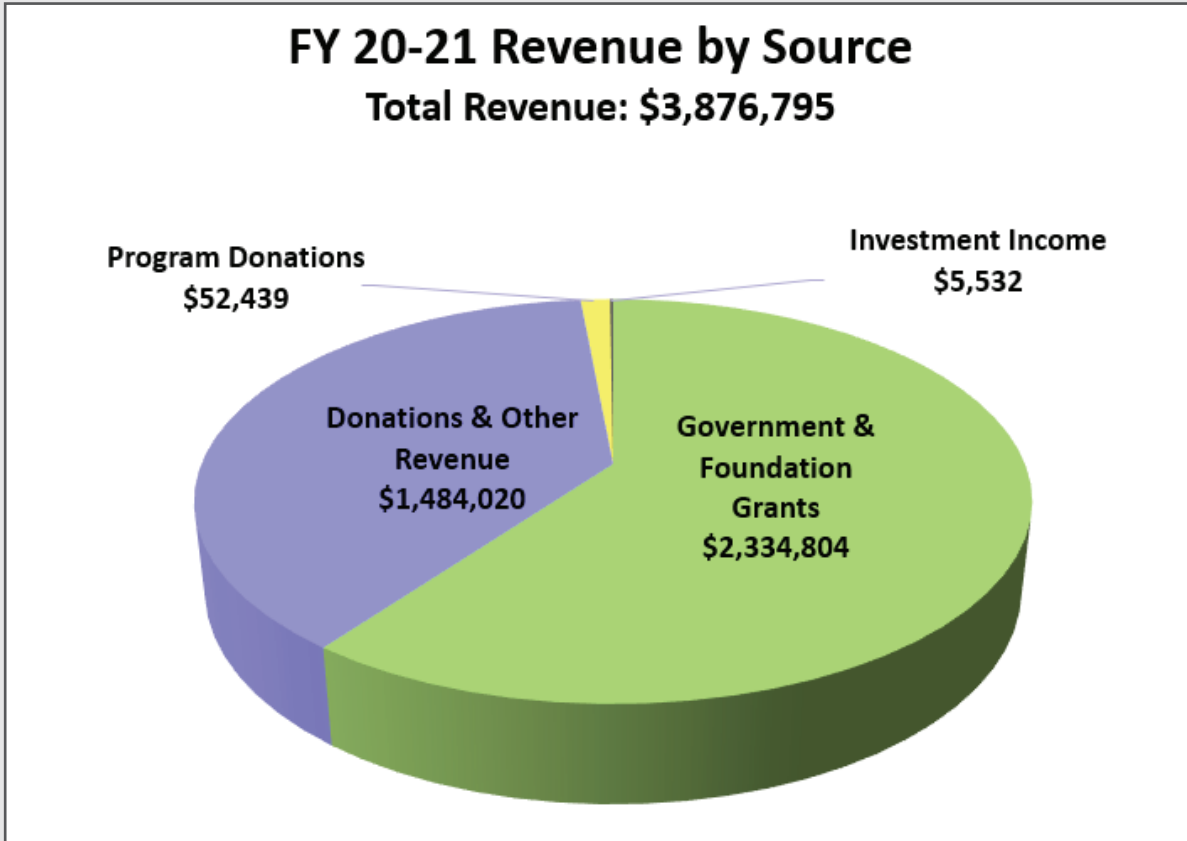
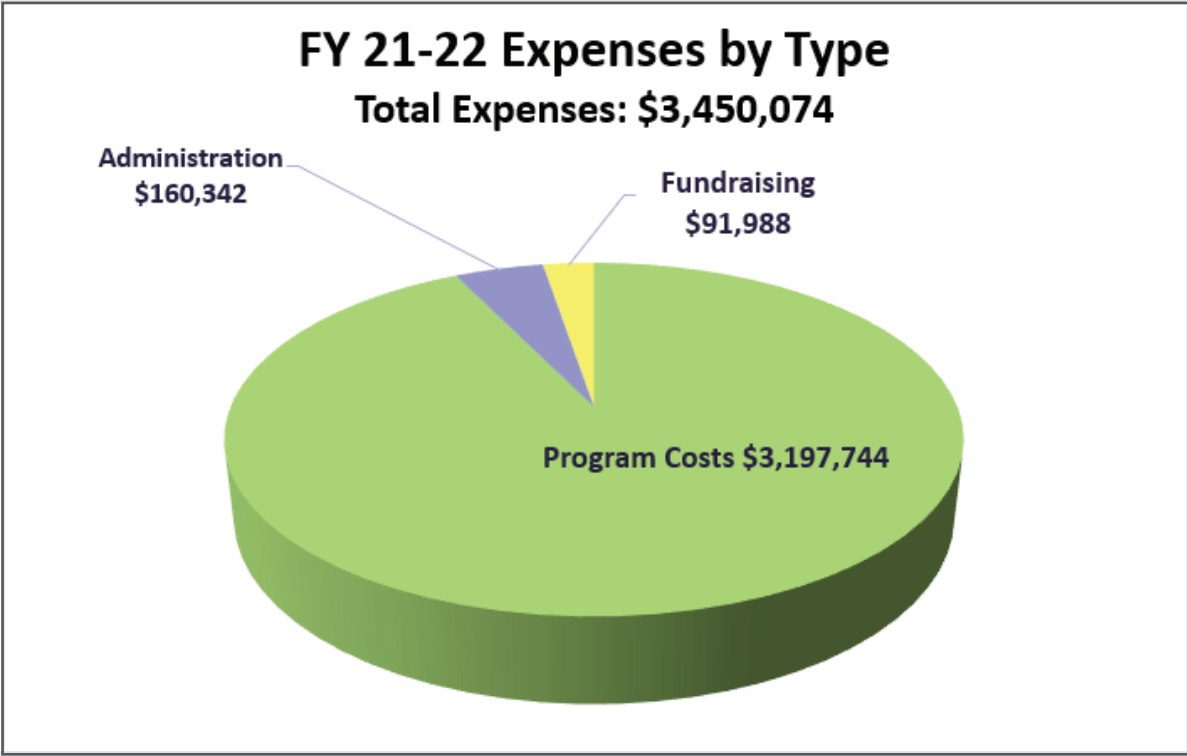


Case Management

236 seniors received 2,369 hours of case management, advocacy, and care coordination. Top issues: Cal-Fresh, housing applications, transportation, mental health referrals

LIFE Financial Summary

July 1, 2021 - June 30, 2022



A heartfelt thank you to our incredible Board of Directors for their visionary leadership and for sharing their time and expertise to help LIFE achieve its mission



Ruth Liu
President



John Zubiena
Vice President



Ashok Desai
Treasurer



Lily Shih, *Secretary*



Kim Agasaveeran



Janice Cook



Beth Hoffman



Dr. Dianne Martin



Dr. Joseph Pritchard



Debra Watanuki



Special thanks to our visionary major donors for funding LIFE ElderCare’s work and for their longtime commitment to supporting the well-being of Alameda County seniors.

To the many individuals, sister organizations, foundations, corporations, and other agencies who contributed to LIFE ElderCare’s work over the past year, we so appreciate your partnership and ongoing support. Every gift delivers not only essential services but also joy, comfort, and connection to isolated seniors.

Thank you for supporting the seniors in our community and for being a part of LIFE ElderCare’s vital work.



Alameda County Board of Supervisors



Meals on Wheels OF ALAMEDA COUNTY



LIFE couldn't exist without the support of hundreds of dedicated volunteers - who provide vulnerable elders with meals, visits, rides, well-checks & so much more.

Because of their efforts, seniors remain connected to the community while they age in place.

During the last fiscal year, volunteers contributed 33,179 hours, which is equivalent to over \$1.3 million dollars!





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Connect with us!

