

 **LIFE**
ElderCare
ANNUAL REPORT FY 20-21



www.LifeElderCare.org

Dear Friends,

Over the past year, we have had the privilege of helping so many seniors in need. Those who have connected with LIFE have become less afraid, less lonely, and more healthy. How do we know? This year's client survey came back at *97% affirmative* to the question: "Does receiving our services help you feel better overall?"

How else do we know? We see them change before our eyes. Elders who had stopped getting dressed in the morning start making the effort again after just a few weeks of participation. Elders who at first would barely crack the door for a staff member now are ready and waiting to open the door wide with a smile.

You did that. We are extraordinarily grateful for the support of so many in the community – volunteers, partners, donors, and of course, the elders we serve.

With your help, we have been able to feed those who are hungry, comfort those who are alone, and ensure that ALL local seniors get the chance to be nourished in body, mind, and spirit. Because of your support, even when things were tough, we didn't turn down a single request for assistance.

These challenging years have made it abundantly clear just how much we all need each other - so thank you for choosing to be part of the LIFE Elder-Care family.



Patricia Osage
Executive Director



Debra Watanuki
Board President



Our Mission:
To empower the aging to live with independence AND interdependence by nourishing body, mind, and spirit.





Meals on Wheels

We were touched by the kind note we got from the family of a Meals on Wheels client, who passed away at age 98:



Last year, LIFE delivered **148,712** nutritious meals

12,393 meals / month
407 meals / day

232 caring volunteers drove **15,985** hours & **88,682** miles to deliver meals, smiles, and well checks to **834** homebound seniors



Dear LIFE ElderCare Friends,

On behalf of my family and myself, I would like to extend my gratitude for the wonderful meals and companionship you extended to my father, Irving.

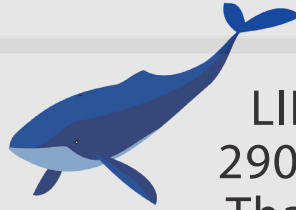
My Dad considered so many of you his friends and looked forward to seeing you and telling you the stories of his life.

Please know that the work you do, whether as a volunteer or staff, means so much to the elderly people you visit. Please continue to be the compassionate and caring humans that you are.





Transportation & Groceries on Wheels



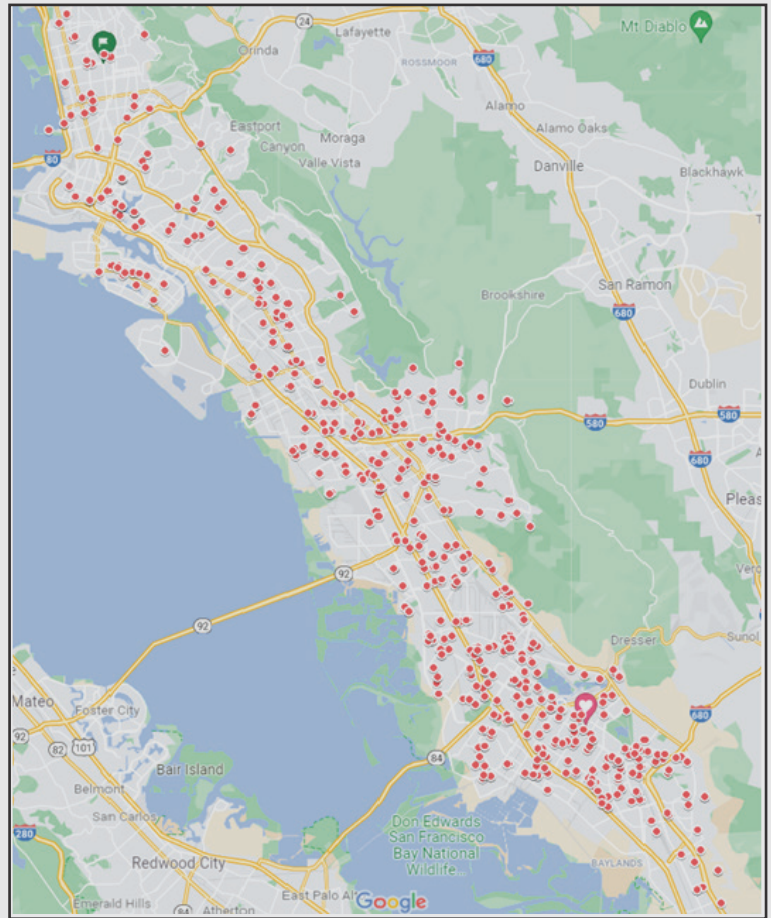
LIFE drivers delivered 290,142 pounds of food. That's equivalent to the weight of 10 school buses or 1 blue whale!



846 clients & 52 volunteers

14,401 trips completed

131,953 miles driven



Map of deliveries to Alameda County clients





Health Forward Injury Prevention

244 seniors received whole person health & wellness interventions: home safety assessments, medication reviews, gentle exercises, and home modifications like grab bars.



Friendly Visitors



180 seniors received 8,760 hours of phone calls and visits from caring volunteers. Some, like Kathy, even got a robot pet to ease their loneliness!



Case Management

Our multi-lingual case management team spent 1,373 hours helping 208 seniors fill service gaps with resources such as legal aid and home care.

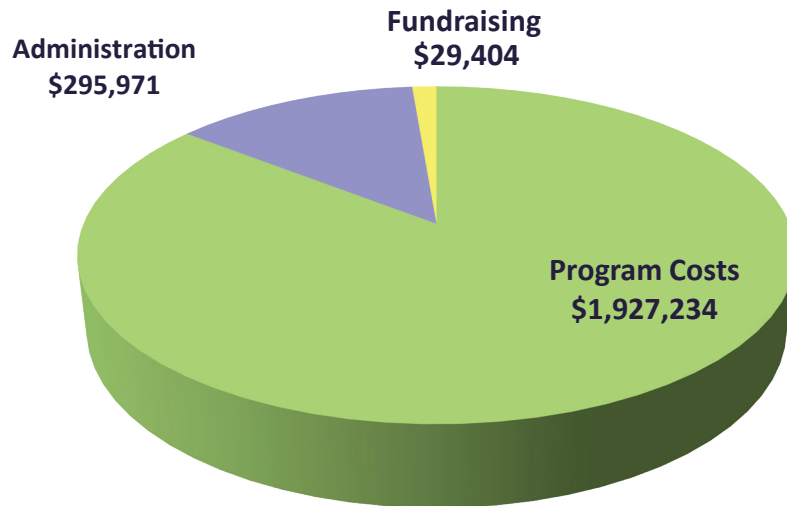


LIFE Financial Summary

July 1, 2020 - June 30, 2021

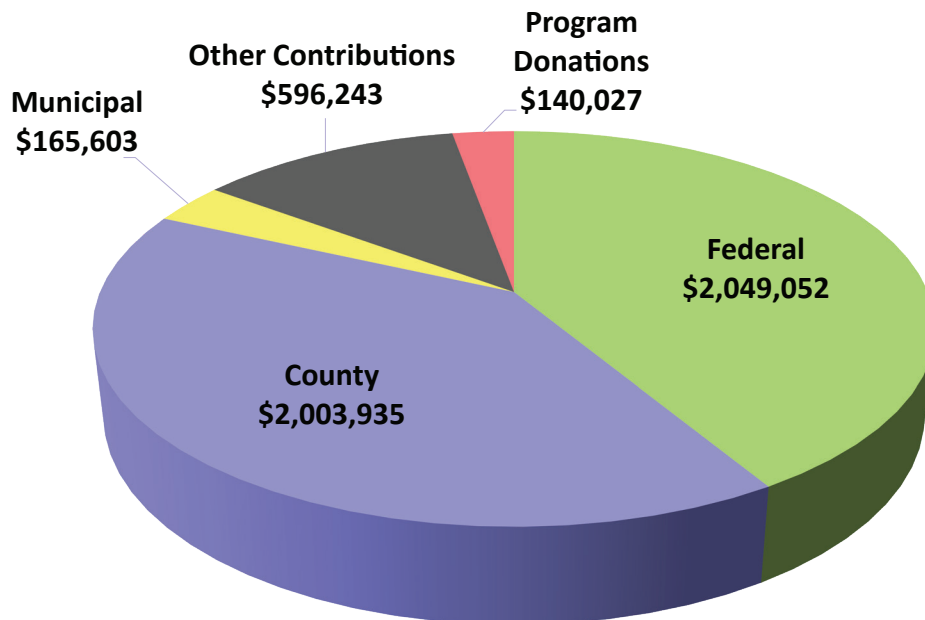
FY 20-21 Expenses by Type

Total Expenses: \$2,252,609



FY 20-21 Revenue by Source

Total Revenue: \$4,218,590





As we've navigated through the many challenges of the pandemic, we are exceedingly grateful for the leadership of our amazing board of directors. Thank you for devoting your time and expertise to help LIFE achieve its mission!

Debra Watanuki
President

Dr. Joseph Pritchard
Vice President

Ashok Desai
Treasurer

John Zubiena
Secretary

Beth Hoffman

Kim Agasaveeran

Lily Shih

Janice Cook

Ruth Liu

Dr. Dianne Martin

ADVISORY BOARD:


Jane Mueller

Dr. Ray Grimm

Anu Natarajan

Kerrilyn J. Ely

To the many individuals, sister organizations, foundations, corporations, and other agencies who contributed to LIFE ElderCare's work over the past year, we so appreciate your partnership and ongoing support. Every gift delivers not only essential services but also joy, comfort, and connection to isolated seniors.

We couldn't do our vital work without you. Thank you for supporting the seniors in your community. 



Special thanks to our visionary major donors for funding LIFE ElderCare's important work and for their longtime commitment to supporting the well-being of Alameda County seniors.



Federal Transit Administration



SODA FOUNDATION



Senior Assistance Foundation Eastbay



The **SOBRATO** Family Foundation



Alameda County Board of Supervisors



Meals on Wheels OF ALAMEDA COUNTY

*LIFE volunteers
are amazing!
Thank you for
your kindness,
dedication, and
passion for
helping elders in
need!*



Volunteers are the heart of LIFE - providing vulnerable seniors with meals, visits, rides & so much more.

Last year, volunteers contributed 31,137 hours, the equivalent of over 1.3 million dollars! But to the LIFE team and the seniors we serve, their contributions are truly priceless!



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Connect with us!

