



ANNUAL REPORT FY 19-20



A Message from LIFE ElderCare

Dear Friends,

We write this message today with optimism. Last year was marked every day by hardship and loss but simultaneously by unbeatable strength. As Amanda Gorman so beautifully put it: “So while once we asked, how could we possibly prevail over catastrophe? Now we assert, how could catastrophe possibly prevail over us?”

There were times when it seemed like it might become too much; with LIFE staff working long hours to keep hunger and fear from taking over in the homes of our vulnerable seniors. It was always these times, though, when yet another person or group would step up to help.

You stepped up. You assembled unending bags of groceries. You donated your hard-earned money so we could meet a level of need that was double any other seen in LIFE ElderCare’s 45-year history. You donated masks and supplies so we could do it safely. You gave your precious time to deliver healthy groceries and meals; to call up seniors living alone to make sure they were OK. You donated the use of your trucks, you brought handmade cards and gifts, and you put your hands and hearts to work. Because of this – while it edged close – it never did hit the ‘too much’ mark for LIFE ElderCare. We did not turn a single elder away.

LIFE has always thrived on partnerships but this last year gave the word new meaning. It feels as if so many of you have become like family, even those of you we have yet to meet.

It ain’t over yet. Who knows what this year will bring? But one thing we do know now, is that **together** we will meet any troubles we face, even those never-before imagined,



Patricia Osage
Executive Director



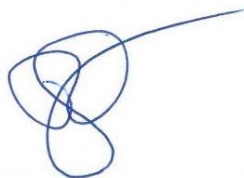
Debra Watanuki
Board President

with the strength of an unhesitating spirit of sharing with – and caring for – those among us in need.

That is why today we move forward with renewed optimism and humble gratitude. As vaccines are distributed, we hope that life will resume normalcy for many seniors; but our services will continue to be a safety net for the many who were homebound before COVID and will remain so after.

Many, many thanks to each and every one of you for being a part of the LIFE ElderCare family and for working with us to fulfill our mission of *nourishing older adults in mind, body, and spirit.*

With love,



Patricia Osage

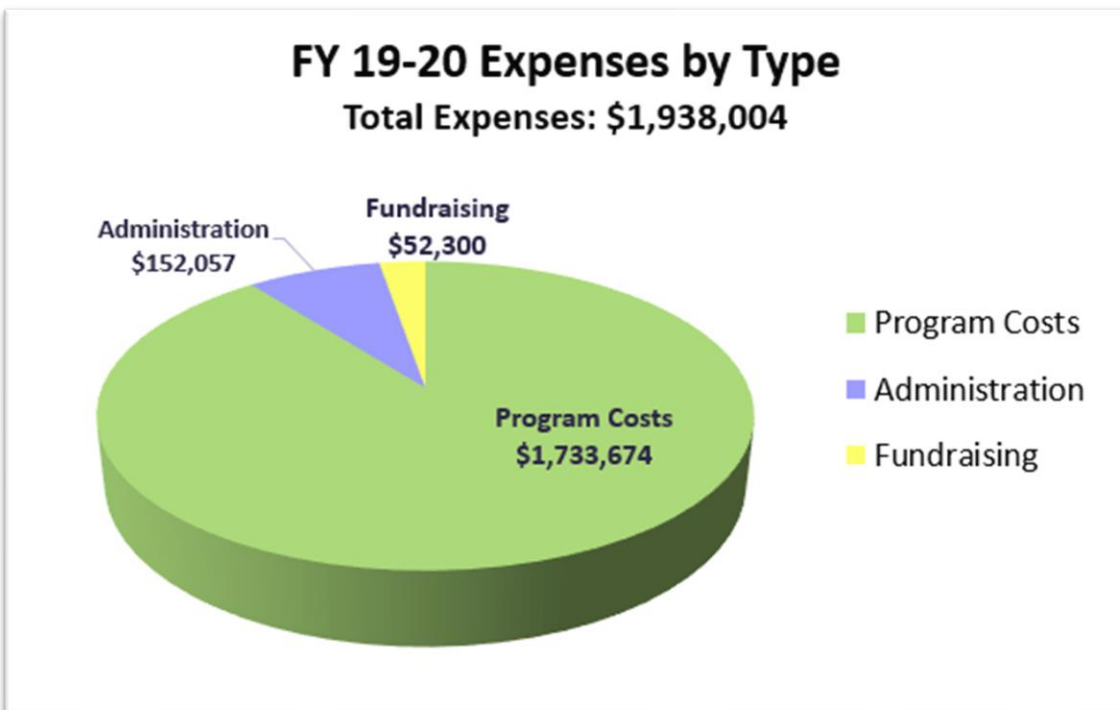
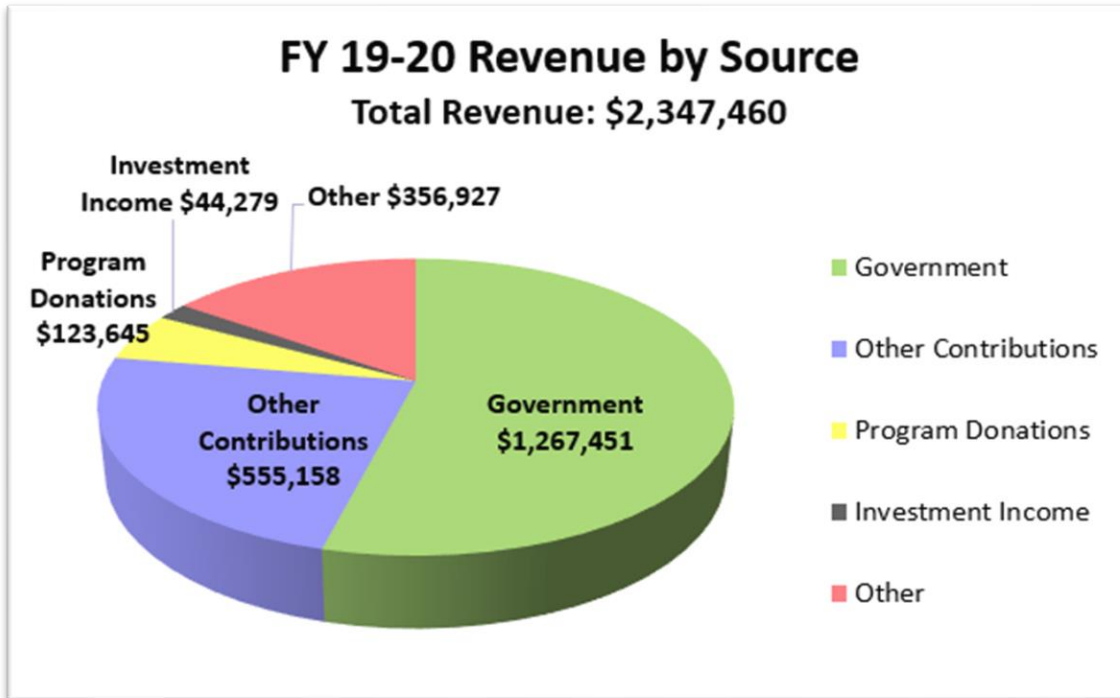


Debra Watanuki

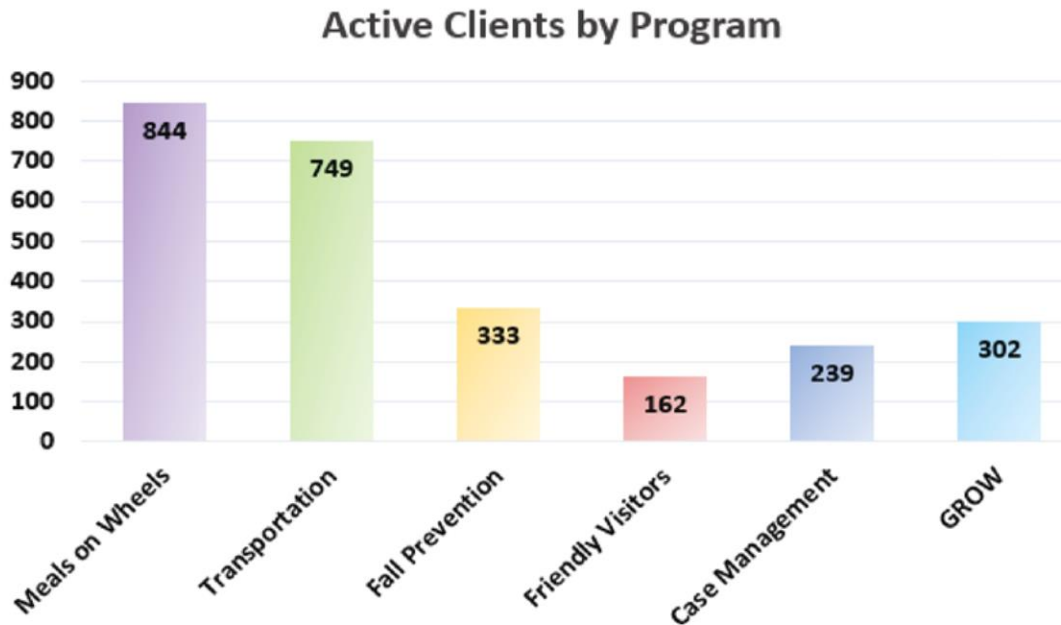


LIFE Financial Summary

July 1, 2019 – June 30, 2020

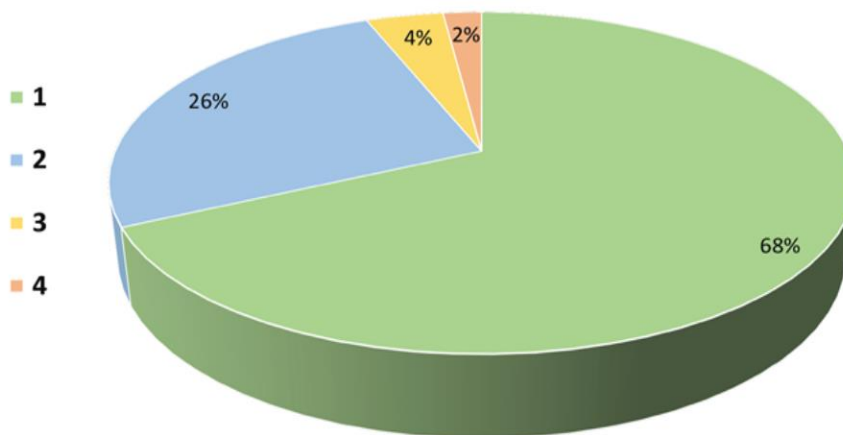


LIFE ElderCare Client Demographics

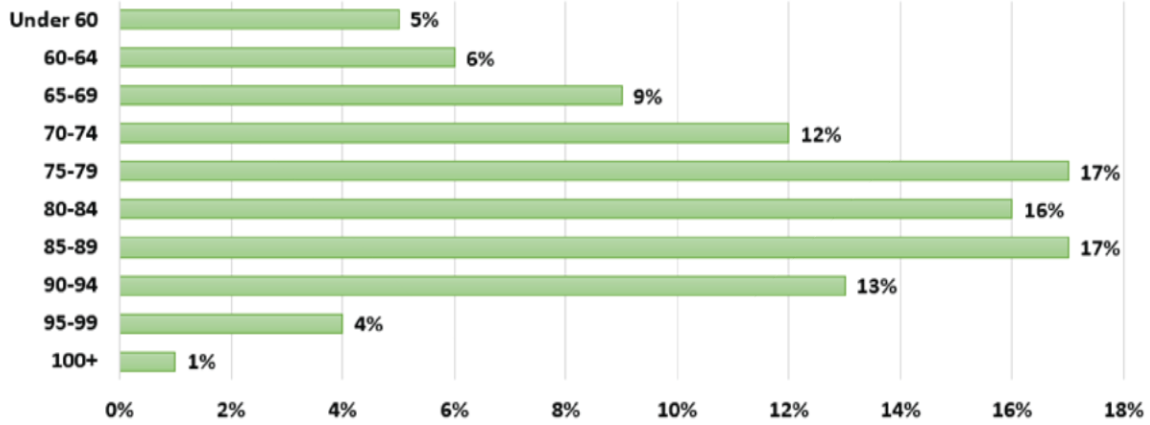


Total Unique LIFE Clients: 2,225

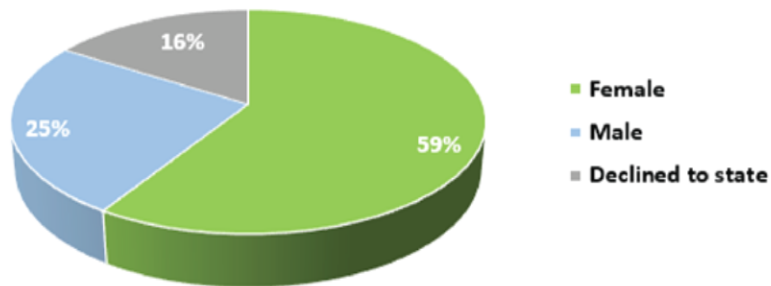
Clients by Program Participation (%)



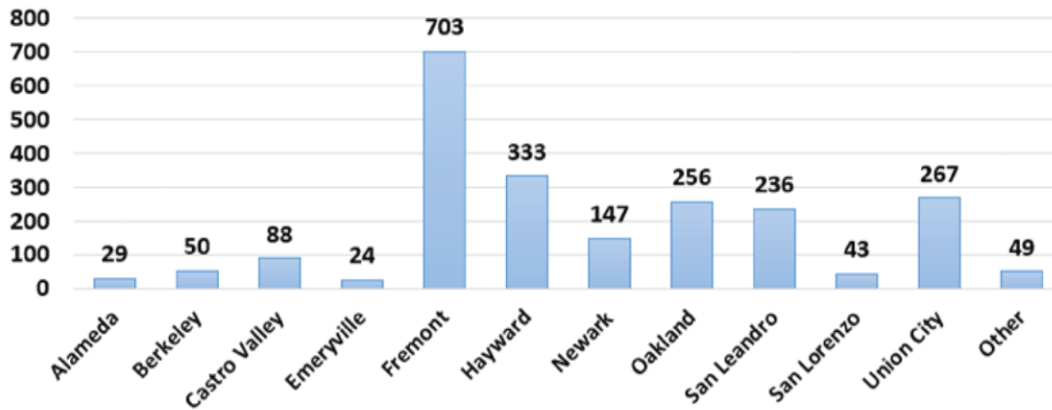
Age Bands by Percentage



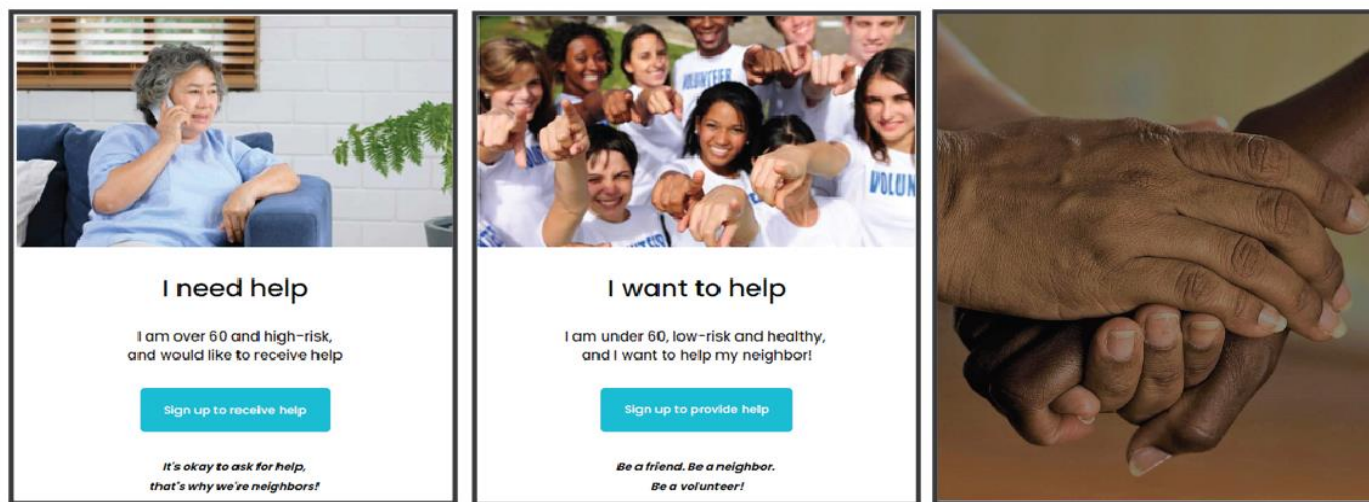
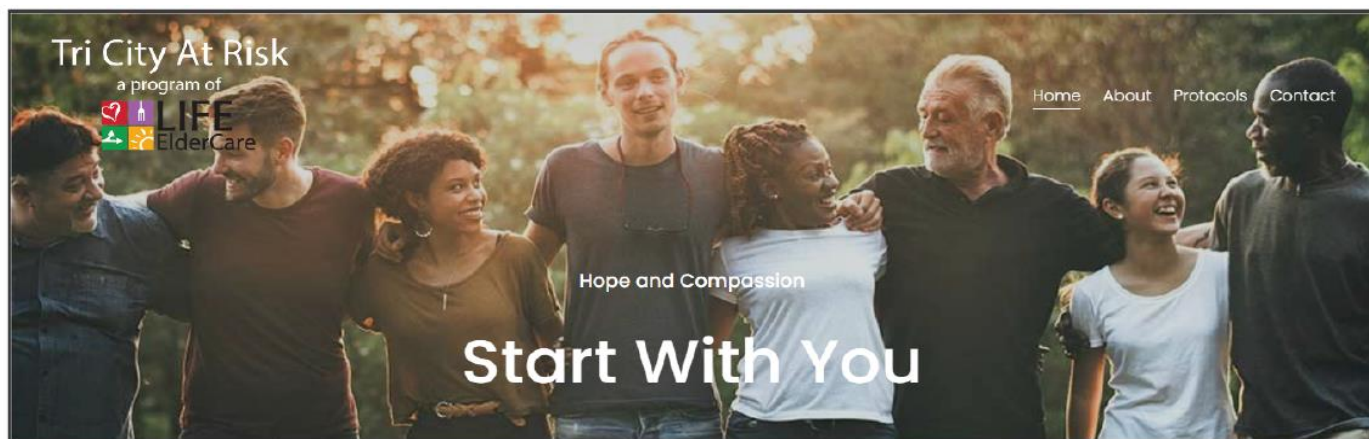
Client Gender Demographics



Active Clients by City



COVID Response: TriCityAtRisk.com (TCAR)



As the COVID-19 shutdown began, we realized that we would be overwhelmed by the sudden increase in homebound seniors without additional help. Within days, we had launched “TriCityAtRisk.com” – a website to match seniors in need with volunteers *living in their own neighborhoods*. Shout out to Krista Luchessi of Mercy Brown Bag who created “Oakland At Risk” and gave others permission to duplicate the website concept in their own areas.

Seemingly overnight, hundreds of community members registered and were matched up as requests came in. Some seniors needed regular help with groceries, others could no longer pick up their medications or basic supplies; and yet others were isolated and alone and just needed a friend to check in. These amazing TCAR volunteers have provided 1:1 support to many of the most vulnerable older adults in the community on an on-going basis – ensuring that they could remain healthy and nourished while safely sheltering in place.

COVID Response: Groceries on Wheels (GROW)

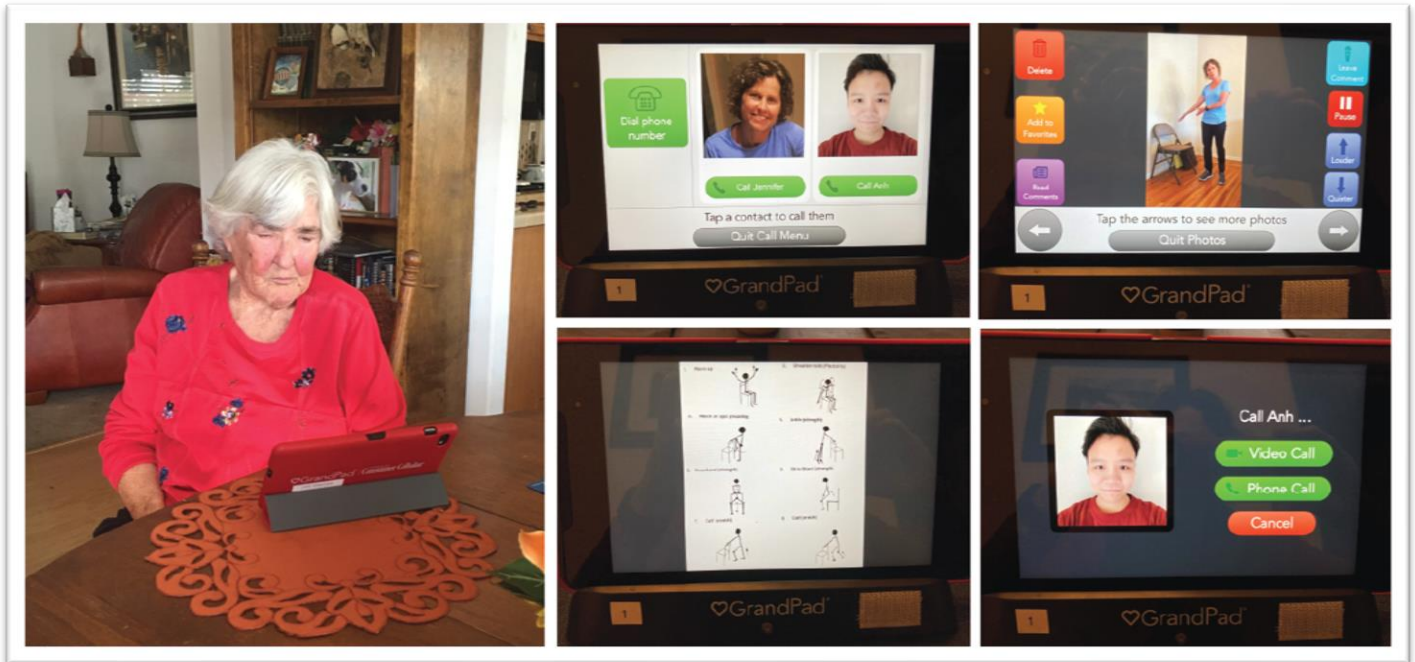
With thousands of at-risk seniors suddenly unable to shop for groceries or other essentials, we knew that access to healthy food would be one of their most critical needs. In addition to expanding Meals on Wheels, we launched GROW - Groceries on Wheels, a program to home-deliver fresh groceries. Working with food pantries throughout the county, LIFE drivers and volunteers were soon picking up groceries for more than 300 seniors per week and delivering them with no contact.

We were unable to locate a pantry in Oakland that could accommodate our large number of surrogate pick-ups, so we started our own! Supervisor Nate Miley connected LIFE Transportation Director Andrea Mok with Liz Hillen, of Oakland's Senior Companions program – who was dealing with the same challenge. Within two weeks, the new food depot came together, with dozens of volunteers sourcing, packing, and delivering weekly bags and boxes chock full of produce and staples.



Huge shout out to our amazing GROW partners: North Oakland Senior Center, Associated Coffee, Veronica Foods, Hope 4 the Heart, Alameda County Community Food Bank, Daily Bowl, Coaching Corps, Oakland Housing Authority & more

COVID Response: GrandPads



As programs transitioned to no-contact, LIFE ElderCare staff had to adapt how they delivered core services. Meals on Wheels were dropped off on porches with drivers checking in from six feet away; the Transportation team transitioned from assisted rides to delivering food bank groceries; and Friendly Visits and Case Management happened only over the phone.

Fall Prevention services, however, cannot be delivered remotely without a visual interface. But many LIFE clients do not have smart devices for video calls, so we started to explore options to bridge this technological deficit. GrandPads are simplified tablets designed specifically for older adults. With an easy-to-use home screen and built-in WiFi, these tablets enabled us to resume delivery of Fall Prevention services.

Once a client is identified as a suitable candidate, Fall Prevention staff trouble shoot the set-up to ensure internet connectivity and provide basic training. Once clients are comfortable, they can use the tablet to connect to all LIFE services. In many ways, these tablets are a lifeline for those who are severely isolated due to COVID, as it allows them to connect with others face-to-face.

Speaking Out Against Injustice - #BlackLivesMatter

In the midst of the protests around the country that followed George Floyd's death, LIFE ElderCare staff and leadership could not stay silent. We released the following statement affirming our unequivocal support of the Black Lives Matter movement:



There is nothing new we can add to the conversation about racism today. We are not a moral authority on this topic. But we cannot stay silent.

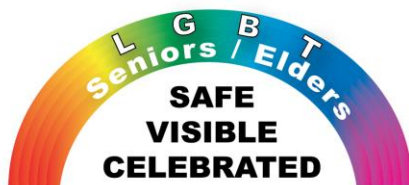
LIFE ElderCare recognizes that to be truly anti-racist, we must state – clearly and unequivocally – that we stand with Black Lives Matter. We know that we cannot just settle for believing that black individuals are equal. We must explicitly act against the deeply rooted, institutional culture in the United States of 'black people are less than...me/you/anyone'.

Nonprofits often tread lightly, not wanting to offend those who might feel differently. But this last week has knocked all tiptoeing to the ground. Killing people with disregard for their very humanity because of the color of their skin is the most offensive thing of all. And so is the assumption that some kinds of people deserve more power than others.

The cruelty behind what happened to George Floyd was nothing new. We help people aged 70, 80, and 90+, and so many have been red-lined, turned away, and hurt. We wish we could go back and prevent every injustice and every brutal act both for the individuals involved and because each act was - and is - part of the heavy blanket of shame on this country.

What all of us nonprofits, for-profits, and anyone who hasn't already, can do today is vow to start looking hard at every aspect of life, even those we think we know to be fair, and identify and call out inequities without fear of meaningless things like reputation. The entrenched laws and processes that contribute to seeing black Americans as less than human are everywhere and there are sorely insufficient protections against it. There's such a long way to go that every day must count.

On behalf of LIFE ElderCare, we vow to always walk toward the hard conversations rather than walking away from them, and rather than just standing still. We will do everything we can to promote equity for black Americans, young, old and in between, so that one day elders can tell different stories about their lives - *stories of alliance and fairness and opportunities.*



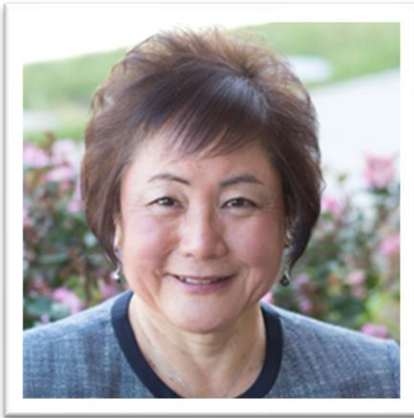
Diversity -- racial, religious, sexual or any other type -- will be celebrated here in the spirit of safety and openness.



LIFE ElderCare operates its programs and services without regard to race, color, and national origin in accordance with Title VI of the Civil Rights Act.

Leadership – Our Board of Directors

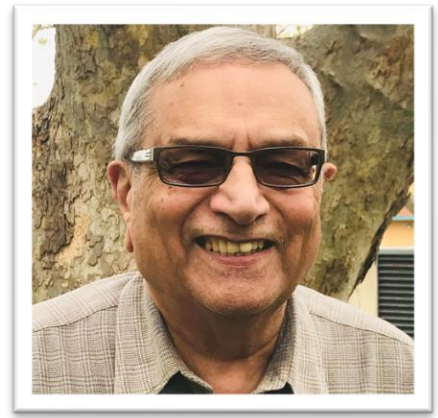
We are so grateful for the guidance and support of our incredible Board of Directors, who provide LIFE ElderCare with the leadership and expertise that has enabled us to expand our programs and embrace the challenges of the COVID-19 pandemic. Our growth and success reflect their dedication to helping LIFE navigate a path forward.



Debra Watanuki
Board of Directors
President



Joseph Pritchard
Board of Directors
Vice-President



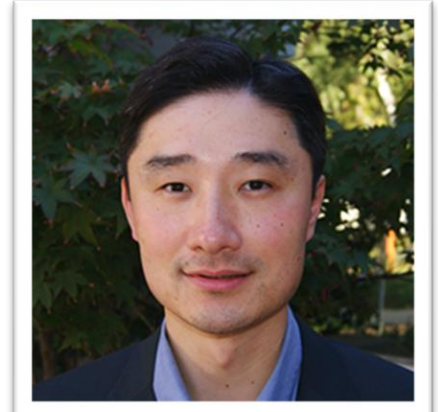
Ashok Desai
Board of Directors
Treasurer



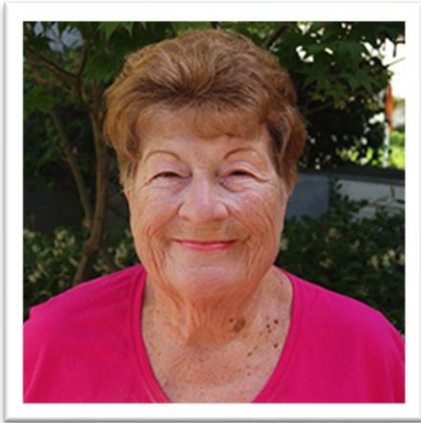
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Board of Directors
Secretary



Kim Agasaveeran
Board of Directors



Roland Chow
Board of Directors



Janice Cook
Board of Directors



Beth Hoffman
Board of Directors



Ruth Liu
Board of Directors



Dr. Dianne Martin
Board of Directors



Lily Shih
Board of Directors

Advisory Board

- Jane Mueller
- Dan Ashbrook
- Dr. Ray Grimm
- Anu Natarajan
- Kerrilyn J. Ely

The Impact of Our Incredible Volunteers



During this year of unexpected challenges and hardships, our dedicated volunteers ensured that isolated elders were not scared, hungry, or alone.

We want to give a huge shout out to the diverse, inter-generational group of individuals who stepped up to help LIFE ElderCare continue its essential work. What we saw time & again – but especially during this crisis – was the willingness of both individuals and organizations to come together in a spirit of collaboration to better serve the community. **Last year, LIFE volunteers donated a total of 29,830 hours – the equivalent of over 1.36 million dollars!**

Interested in joining this amazing group? To learn more and sign up, please visit LifeElderCare.org/volunteer or call 510-894-0370.

Help Older Adults in Your Community

LIFE ElderCare's mission is to empower the aging to live with independence and interdependence by nourishing mind, body, and spirit

When you support our work, you bring joy, comfort, and security to homebound elders who may be struggling with health issues, limited mobility, isolation, and the effects of this global pandemic.

Let 2021 be the year that you change everything for a vulnerable senior – please join us and be a part of LIFE!

There are many ways to get involved:

- Make a [one-time donation](#) – you can choose the program you wish to support or allow us to use it where needed most
- Become a [monthly donor](#) to spread out your gifts over the year
- Donate critical supplies or needed items from our [wish list](#)
- Consider adding a gift for LIFE ElderCare to your legacy
- [Volunteer](#) to deliver Meals on Wheels, pick up fresh groceries, or make phone calls to isolated seniors



In Recognition of Our Generous Donors

We have been truly humbled by the outpouring of community support for vulnerable seniors impacted by COVID-19 over the past year. Because of you, thousands of older adults safely sheltered in place while continuing to have access to critical necessities and essential support. Thank you for your kindness and generosity!

We would like to recognize the following organizations and individuals for their contributions to LIFE ElderCare made between July 1, 2019 and June 30, 2020.

Shelley Abbate	Anonymous	Leonora Bennett
AbbVie	Apple	Carol Benson
Acacia Creek Projects for Charity Club	Carol Arata	Marilyn Berens
Arvind Acharya	Janu Arayambath	Elfriede Berkowitz
Sal Acosta	Aiden Arcenal	Melba Bertush
Ron & Alta Jo Adamson	Rose Archibald	Beverly Beyeler
Lester & Lavonne Addison	Margherita Arias	Mahendra & Varsha Bhakta
Josephine Agbowo	Ann & Robert Arington	Satwant Bhasin
Mahesh Agrawal	Savitri Arora	Barbara & Marilyn Billings
Richard & Deanna Aguilar	Carol Ashmore	Denise Billings
Jose & Leticia Aguirre	Sally Askin	Carolyn Blackmon
Alima Ahmadi	Associated Coffee	Artis & Suberia Blackshire
Kim Akashi	AT&T Employee Giving	Stephen Blakeslee
Alameda County Area Agency on Aging AAA	Jessy & Joshy Austin	Concepcion Bologna
Alameda County Health Care Services Agency	Concepcion & Alejandro Avila	Sheri Boots
Alameda County Transportation Commission	Sam Avila	Cleve & Clara Bosset
Alameda County Water District ACWD	Barbara Babroff	Boy Scouts of America
Gail Albin	Albert & Marsha Badella	Shirley & Fred Boyd
Kathleen Alcott	Patricia Bagwell	Willeta Brady
Earline Alexander	Francis & Agnes Bain	Ella & George Braggs
Richard & Donna Alexander	Nina Bainer	Connie Bravo
Alpine Heating & Air Conditioning, Inc.	Tarsem & Harinder Bains	Patricia & Raymond Bravo
Alternative Mortgage Sources	Charles Baldwin	Syed Waseem & Shehnaz Brelvi
Guadalupe Alvarez	Linda Ballard	Deloris Bridges
Santa & Santos Alvarez	Christiane Balouny	Kenneth Bridges
Jitendra & Ranjana Amin	Darlene Balugo	William & Diana Briscoe
Andersen	Lavonne Bandel	Lorraine Britton
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	Loisa Beeler	Diane Bryan
	S&ra Bell	Roberta & Lynn Bryant
	Ofelia Benitez	

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 Judy & David Clover
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 Bernadita Cornelio
 Costco Wholesale
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 Kal Elia & Gini Gustafson
 Laurie Ellinger
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 Susan Evans
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 Ruth Farrish
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 Abner Fernandez
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 Girl Scouts of America
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 Dora Glover
 Joseph Godwin
 Barbara Goodier
 Google Inc
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Mark Grimaldo
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 Guadalupe Mendoza
 Merck Foundation
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Rajas Mhatre
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 Ruth Miner
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 Anju Narendra
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 Sai Nekkanti
 Bonnie Nelson
 Madeline Netto
 Mary Ann Netto
 JoAnne Neu

Colleen Neves
 Mary Neves
 Myron Nevraumont
 Mildred Newton
 Wilson & Grace Ng
 Madalene Nieves
 Niles Discovery Church
 Niles Pie
 Emily Nishihira
 Harry & Soundra Noda
 Henry & Joan Noland
 Edward & Donna Noll
 Jeane & Basilio Noronha
 North Oakland Senior Center
 John O'Connor
 Nancy O'Donnell
 Onofre Okialda
 Donna Olsen
 Gloria & Gary Olson
 Remie Orquiza
 Linda & Greg Orr
 Rosemarie Ortega
 Mei Owyang
 Renee Pacheco-Mancha
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 Joe Pachinger
 Pacific Gas & Electric
 Company
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 Corine Paduveris
 Rajat Paharia
 Mohinder Pahuja
 Lani Pajarillo-De Los Reyes
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 Ernest Perez
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 Ansuya Phadnis
 Rekha & Ramesh Phadnis
 Adaline Phillips
 Robert & Rosalie Picht
 Piecemakers Guild
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 John Playford
 Sherri & Carlos Plaza
 George Pocan
 Paul Portelli
 Nitin Prabhakar
 Deepa Prabhavalkar
 PreeVar Charitable Fund
 Connie Prellwitz
 Dennis Prestella
 Joseph Pritchard
 John Pruellage
 Karen & Brian Putt
 Gui X. Qin
 Jan Quilici
 Michael Quillman
 Joan Quock
 Lourdes Rabara
 Arjun Raman
 Gayathri Raman
 Carol Ramirez
 Hermie & Bessie Ramos
 Maria Ramos
 Tarvinder Randhawa
 Linda Randolph
 Matthieu Rault
 Justin Reed
 Michelle Reed
 Margrith & Dave Reichmuth
 Branden & Alana Renfro
 Karen Resendes

Manny Reyes
 Jacque Reynolds
 Barry Richardson
 Rising Phoenix / Fridaze
 Marie & John Rivas
 River of Life Christian Church
 Donna Rivera
 Richard Rizzoli
 Juan & Irene Rodriguez
 Yolanda Rodriguez
 Vickie Rogers
 Sun Woo Roh
 Sandy Romeo
 Maria Romero
 Martha Rosales
 Rita & Renato Rosario
 Beverly Rose
 Jim Rosenheim
 Rotary Club of Newark
 Charlotte Rubio
 Rochelle Rudnick
 Nyles Ryan
 Richard & Marina Rydberg
 Samia & Wadie Saad
 Ganesh Sadasivan
 Marie Sage
 Dipak & Renu Saggi
 Salesforce
 Clara Sample
 Hoori Samsami
 Darrell Sandeford
 Esther Sandoval
 Melissa Sanguinetti
 Umporn Santibunlert
 Adriana Santos
 Arceli Santos
 Karen Sarafian
 Mani Sayavong
 Andrea Schacter
 Janice Schafir
 Norma Schmitz
 Ingrid Schneller
 James & Catherine Schoon
 Marjorie Scott
 Kelvin Sei
 Senior Assistance Foundation
 EastBay (SAFE)

Service Opportunity for
 Seniors (SOS)
 Leila Sfeir
 Moina Shaiq
 Siddharth Sharma
 Surender Sharma
 Kathleen Shaw
 Patricia Sheehan
 Phyllis & David Sheldon
 Yu Yen Shen
 Zhan-Cheng Shen
 Lily Shih
 Hang & Dong Shin
 Geolene Showers
 John Shu
 Jeffrey Shun
 Joginder Sidhu
 John Silva
 Mark Silvera
 Broserfina Simon
 Mary Margaret Sims
 Aman & Archana Singh
 Harjid Singh
 Pedro & Chita Sinon
 Ruth Slome
 Eugene & Nina Smith
 Joanne Smith
 Marie Smith
 Michael Smith
 Rose Smith
 Virginia Smith
 Ralph Smock
 Sobrato Family Foundation
 Gilbert Spence
 Jean & Tyler Spikes
 Sabrina Srader
 Gayatri Srivastava
 St. Joseph's Women's Club
 Jeff Stalnaker
 Lisa Stambaugh
 Jeffrey & Corrine Stansberry
 Mary Steel
 Myrna Stephenson
 Lawana Stewart
 Valerie Stewart
 Curtis & Catherine Strommen
 Stupski Foundation
 Beryl Su

Matthew Sumner
 Herminia Supret
 Manisha Surana
 Sally Sutter
 Retha & Bertram Swanson
 Synopsys Employee
 Engagement Fund
 Emi Tabuchi
 Marlene Talbert
 Mimi Tam
 Serena Tan
 Juanita Tavernier
 Royce Taylor
 Sylvia Taylor
 Vimla & Suresh Thakur
 Donald & Janet Thatcher
 The Morris Memorial
 Foundation
 The San Francisco
 Foundation
 The Shed Shop
 Bernie Thien
 Leonard & Mary Thomas
 Sherry Thomas
 Robert Thompson
 Dolores Todd
 Richard & Dorolene Tognetti
 Wilma & Laverl Tomlinson
 Chi Tong
 Edward Tong
 Marcelina Torres
 Maria Torres
 Nancie & Todd Townsend
 Carolyn Toyota
 Josephine Trail
 Kim Tran
 Carlos & Eva Trevino
 Cipriano Trimanez
 Thomas Tripp
 Tropics Residents' Club
 Evan Trout
 Truist Donation Portal
 Trump, Alioto, Trump &
 Prescott
 Sharon Trusz
 Lizza Turner & Sue Moore
 Susanne Turner
 Donna Turpin

Mary & Hugh Twomey
 UFCW Retirees Club 5
 Alameda
 Lois Ulrich
 Louis Valci
 Rosa Valine
 Judy Van Geison
 Evelyne Van Mau
 Christina Van Remoortel
 Bertha Vandusen
 Patricia Vargas
 Benjamin Vasquez
 Miriam Velez
 Maria Vera
 Carol Dutra Vernaci
 Veronica Foods
 Dimfosa & Andres Veslenio
 Judy Vettters
 Vintage Catering
 VISA
 VMWare
 Tony Vuola
 William Wade
 Rajini & Ravindra Wahi
 Therese Walter
 Chishung Wang
 Kai-Tih & De-Hwa Wang
 Katherine & Feifan Wang
 Qingfun Wang
 Xiang Lan Wang
 Yu-Jeh Wang
 Qingfun Wang
 Cecilia Ward
 Lyndon & Maxine Warders
 Ashok & Ujwala Warey
 Susan Warner
 Lisa Wasserman
 Cynthia & Jeff Wasson
 Jay & Karen Waste
 Debra Watanuki
 Kiyoshi Watari
 Angela Watson
 Pauline Weaver
 Zac Webber
 Yumei Wei & Quanhai Wu
 Judy Weiler
 Wells Fargo Community
 Support Campaign

Rose Weng
 Victoria Wescott
 Eleanor West
 Doris Westbrook
 Brenda Westerman
 Pat & Gordon Westlind
 Karen & Eugene Wheatley
 Charlotte Whisler
 Bea White
 Christopher & Renee White
 Eugene Wieckowski
 Sharon Wilhelmi
 Jacqueline Willetts
 Jacqueline & Earl Williams
 Andrew Wilson
 Diane Wilson
 Joan Wilson
 Shelton Wilson
 Lisa Witt
 Annis Wong
 Anny Wong
 Mun F. Wong
 Pausang Wong
 Allison Wood
 Lynn Wright
 Maurice & Stephanie Wu
 Irma Wyhs
 Melvin Yamamoto
 Maria Ybarra
 Nanqiang Yi
 Jovita Yim
 Wei Zhi Yin
 Patrick & Irene Yin
 Darren Young
 Jean & Jimmy Young
 Maxine Young
 Pablito & Shirley Yra
 Irene Yunt
 Zenith Insurance Company
 Jie Zhou
 John Zubiena

A big thank you to our food partners who allowed us to pick up countless bags of groceries and donated food for clients:

Alameda County Community Food Bank
 Allen Temple
 Berkeley Food Pantry
 Berkeley Food Network
 Centro de Servicios
 Daily Bowl
 Dig Deep Farms
 Hope 4 the Heart
 LOV Newark Food Pantry
 Mercy Brown Bag
 San Lorenzo Family Help Center
 South Hayward Parish
 Tri City Volunteers Food Bank

We apologize for any name inadvertently left off this list. Please contact us so we can update our records.

* Measure B/BB Funding
 ** Measure A Funding



FY 19-20 Annual Report



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